

Salon T. Daigle - Sunless Tan **Before & After Care**

BEFORE:

1. In the shower, shave your legs, underarms, etc. and exfoliate the skin gently, but thoroughly. Avoid bar soaps and moisturizing scrubs that may leave a residue on the skin, this interferes with the development of the tanning solution. Salon T. Daigle carries preparation and tan maintenance products for your convenience.
2. If you condition your hair, do so **before** you exfoliate. Do NOT apply deodorant, lotions, or perfume products after your shower. Wear lip balm as a barrier to your lips.
3. Clients should wear an old or dark colored swimsuit, disposable panties (we provide these if you need) or you may choose to be nude. Please be assured that we are professionals in the beauty industry and we will make you as comfortable as possible, no matter what you choose to wear.
4. Wear dark, loose clothing & sandals to your session as tight clothing will damage your developing tan.
5. You **MUST** be at least 18 years of age to receive a spray tan, unless accompanied by a parent/guardian and they have signed your paperwork for you.
6. It is important to do any facial/body waxing at least 1 day prior to your tan application.

AFTER:

1. The DHA solution will continue to develop over the next 24 hours and usually lasts up to **7-10 days** depending on hydration, exfoliation, sweat, individual body chemistry, etc.
2. The tan will take 8-12 hours to develop on your skin. It is **IMPERATIVE** that you do not shower until that 8-12 hour mark after your spray tan is applied. If you **shower, sweat, swim, or exfoliate** your skin before that time, the results will not last.
3. Your first shower should be gentle and without soap- just water.
4. Avoid friction with tight clothing, shoes, socks, etc. for 8-12 hours. You should not vigorously exfoliate or scrub your skin for the duration of your tan.
5. It is very important to use **oil-free lotion, moisturizer & facial products** daily, for the entire length of your tan. We have oil-free moisturizers for you to purchase here at the salon. The *Aviva Skin Glow Tan Extender* can extend your tan for up to 3 days.

_____ *I have read and fully understand these instructions.*

What is your skin type? Circle one.

- | | |
|-------------------------------------|----------------------------|
| -Always burns, rarely tans | -Burns a little, tans well |
| -Burns easily, achieves a light tan | -Rarely burns, tans deeply |
| -Can burn, medium tan | |

What is your desired type of tan? Circle one.

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|---------|----------|-----------|-------|
| -Subtle | -Natural | -Moderate | -Dark |
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